

The Importance of Perseverance SEIU Presenter: Dr. La Tia Collins, Ed.D.

## Agenda

- 1. Introductions/icebreaker
- 2. What is perseverance?
- 3. Discuss the importance of perseverance
- 4. Enumerate the numerous benefits to having perseverance
- 5. What is a Growth Mindset?
- 6. How do we encourage people to achieve their goals?
- 7. Small group activity: Create a rubric to identify milestones and barriers in setting and achieving goals
- 8. Create a personal Philosophy of Education
- 9. Questions and answers
- 10. Evaluations